For further information relating to Move

- The Aboriginal and Torres Strait Islander Early Childhood Sector Advisory Group Inc (ATSIECSAG) website is a valuable reference - http://www.atsiecsag.org.au. Local elders are best contacted through your local Lands Council, Aboriginal cultural centres and cooperatives.

- The Australian Physiotherapy Association website provides information on:

- Department of Sport and Recreation Queensland has a selection of early childhood physical activity resources available:
  - Move Baby Move – a booklet for parents, carers and educators that includes appropriate physical experiences for babies as they develop
  - Active Alphabet – a resource designed for toddlers and their parents, carers and educators to promote basic active movement skills while also learning important health messages. There are two booklets – one for parents, carers and educators and one for toddlers

- Ethnic Child Care Family and Community Services Co-operative Limited has a Bicultural Support Pool with a wealth of information regarding working with Culturally and Linguistically Diverse (CALD) communities: http://www.eccfcsc.org

- Get Up & Grow website and resources. The Commonwealth Government have developed a comprehensive set of resources entitled Get Up & Grow designed to be used in a wide range of early childhood settings by families, educators and carers. They support a consistent, national approach to childhood nutrition and physical activity. The resources include a director/coordinator book, a staff and carer book, a cooking for children book, a family book, posters, brochures and stickers. Resources can be viewed on the website and multiple copies ordered using the on-line order form: http://www.health.gov.au/internet/main/publishing.nsf/Content/phd-early-childhood-nutrition-resources

- The Healthy Kids website is a joint initiative of NSW Health, the Heart Foundation, NSW Sport and Recreation and NSW Department of Education and Training. This site provides supportive information on promoting children’s physical activity, as well as
information and resources to support the *Munch and Move* program: 
http://www.healthykids.nsw.gov.au

- The **NSW Government’s Human Services (Community Services)** website provides 
  information booklets for Aboriginal parents and carers on basic child development 
  (birth to 5 years of age), including healthy eating and physical activity. There are 9 
  booklets representing Aboriginal regions throughout NSW: 

- The **Playground Advisory Unit** is the leading independent organisation in NSW that 
  issues technical and design advice in relation to playgrounds and children’s play in a 
  variety of settings. For safety information regarding a variety of playground equipment 
  and playground surfacing contact the Playground Advisory Unit of Kidsafe NSW: 
  http://www.kidsafensw.org or http://kidsafensw.org/playsafety/index.htm

- **Raising Children** is an Australian Parenting website supported by the Australian 
  Government that offers supportive information for parents on children’s physical 
  activity: 
  http://raisingchildren.net.au/nutrition_fitness/toddlers_nutrition.html
  http://raisingchildren.net.au/nutrition_fitness/preschoolers_nutrition.html

- **Smart Start: How exercise can transform a child’s life** by Margaret Sasse is an 
  informative and practical early childhood text that focuses on the importance of 
  physical activity for children birth to 5½ years of age: http://smartstartbook.com.au

- The **SunSmart Early Childhood Program** supports early childhood services in developing 
  and implementing a sun protection policy that reduces children’s exposure to UV 
  radiation and reduces the risk of skin cancer. Being SunSmart sends a positive message 
  to the community and can also help services meet licensing and accreditation 
  requirements. Contact SunSmart: 

- **Yulunga: Traditional Indigenous Games** – a resource developed by the Australian 
  Sports Commission promoting physical activity through traditional Indigenous games. 
  This resource is aimed at the Kindergarten to year 3 age group. Certain games could be 
  adapted to meet the needs of the older children at your service. For example the ‘Kai 
  Wed’ game on pages 15 and 16 could easily be simplified to play with preschool-aged 
  children. 