Students across Years 3-6 took part in a special activity to learn CPR and Emergency Care last week. Children were involved in learning to recognise a dangerous situation, learning how to try to get a response from an injured person, role playing how to make a 000 emergency phone call, checking to see if an injured person has anything in their airway and if they are breathing and learning how to roll an injured person into the recovery position. Students had hands on experience in learning how to perform CPR on the manikins. CPR HELP is a safety awareness program that teaches children aged 5—12 years the DRSABCD concepts.
Gone Viral

With another nasty flu strain due to arrive this winter, children are leaning how dangerous a sneeze can be,

It starts with a tickle, a twitch. Maybe a sniff. A twist and churn as muscles in your chest, throat and face contract. Eyes narrow, clenched tight before a sneeze!

A real sneeze, flying at an estimated 310kmh, would potentially inflict misery and a nose dribble to all those in a one-metre range.

Shooting mucus into the palm of your hand or using a damp sleeve to smother a runny nose went out in the last century. There’s a new mantra in sneezing safely and it could potentially save lives:

**trap it, bin it, and wash it.**

Teachers are drilling children with this message as fire fighters once drilled, ‘Stop, drop and roll.’ So, trap that sneeze in your tissue or elbow. Bin the tissue. And wash your hands.

A potentially deadly flu strain is expected to arrive this winter. Symptoms of influenza, which may take up to three days to develop, include fever, chills, muscle aches, runny nose, cough and stomach upsets. The worst symptoms usually last about five days, but coughing can last up to three weeks. Older people, young children and pregnant women are most at risk of complications, although healthy people can also become seriously ill or even die.

(Marika Hill –author – publication unknown))

**Donation – Tissue Box**

With winter approaching we have had lots of requests for tissues in their classrooms could parents please donate a box of tissues to their child’s class teacher. Thank you

KJ read 'Sad Monster, Glad Monster' by Ed Emberley. They talked about different emotions and created these fantastic ‘Glad Monster’ faces.

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**Uniform Shop**

Will be open this week on:

- Tues, Wed & Fri 9.00 – 9.30am

Please note that there are no eftpos facilities at our school if parents could please assist the uniform shop and office by paying by cash or cheque.
Kindergarten 2014

Enrolments for next year are filling quickly if any students have siblings who will be starting next year or know of anyone who would like to become part of our school community please pick up an enrolment form from the office or download one from our website www.matravilss-pschools.nsw.edu.au. Please do not hesitate to contact the office on 9311 1175 if you have any questions regarding enrolments.

Mastering Spelling

Are you checking your child’s weekly spelling homework? Try talking to your child about how you spell, and what you do when you don’t know how to spell a word. Here’s some advice about how to help your child master spelling.


Making Friends

Is your child making friends at school? Kids who get on at school tend to be more engaged in learning. Here are some ideas on how to help your child with social skills:


Musical Performances

A number of special musical events have been planned across the next few months

Wednesday 19 June: String Concert with our violin and cello players in the hall 3.15 pm to 4.30 pm. All welcome

Tuesday 16 July: 5/6M will perform in Martin Place in the CBD with Don Spencer as an opening to the Australian Song Writing Launch. In addition to singing with Don the students will play the Djembie drums. An extra special treat at this event will be the water bottle performance with the Royal Australian Navy Band performing ‘Pride of the Fleet’.

Later this month few students from Stage 3, will be heading to the recording studio to be the backing vocals for Don Spencer in the launch of the song ‘For Love of Country’ which we performed at Anzac Day in Matraville.

Further the Australian War Memorial has asked the 60 students in the Senior Choir us to perform in Canberra. Whilst details are still be worked out costs will be paid for each student. Buses will be supplied. The trip will be for the day leaving early in the morning and returning late evening, an extended school day. This is a huge honour.

Permission notes and media releases with further details will be sent home prior to each event.

Sport

Round 1 Friday 17th May

Netball Vs Gardeners Road at Heffron Park (Netball)
Rugby League Vs Maroubra Junction 1 at Heffron Park (Poolside)
Soccer Vs Maroubra Junction Red at Heffron Park (Netball)

Congratulations to the following students who have been selected as:

ESPSSA Touch Reps 2013
Leianne Tufuga  Kiarna Phillips  Tenaya Simms

Junior Bunnies 2013
Tyrell Mayfield (Year 6 2012)

Thrasst Charts Kinder

Any Kindergarten parents that would like to purchase Thrass Charts please leave your name and $7 at the office before Tuesday 21st May.

Food Allergy Week

Food Allergy Week 13-18 May
Did you know that 1 in 10 babies born in Australia will develop a food allergy? The Food Allergy Week website has lots of great information, ideas and resources to help you be more allergy aware.

Find out more: http://www.foodallergyaware.com.au
Softball Trials

Eastern Suburbs Zone Softball Girl and Boy Trials 2013

Venue: Chifley Public School
Date: Monday 20th May  
Time: 3:30 p.m
Equipment: Bring your own glove

Strong players have the opportunity to be selected.

Please Note!
Last year the Regional format changed to a carnival day and therefore an Eastern Suburbs Girls Team will be selected to attend the Regional Carnival which will be held on Thursday 13th June.

Any talented boys who play softball / baseball at club level should attend the boys’ Sydney East Softball Trials (17th June). These boys can attend the trial on Monday afternoon (19th May @3.30pm Chifley).

NAPLAN

Today students in Years 3 and 5 participated in the first of the NAPLAN tests. The National Assessment Program for Literacy and Numeracy (NAPLAN). Students in high schools in Years 7 and 9 also take part.

Later in the year, around early October the students will receive a report about how they and the school performed in the tests. These demonstrate assessment Scales and National Minimum Standards.

Each of the NAPLAN Assessment Scales describes student achievement from Year 3 through to Year 9 along a common scale, which is divided into ten bands. The bands show the increasing complexity of the skills assessed by NAPLAN. Six of the bands are used for reporting student performance at each year level.

The National Minimum Standards cover one band at each year level and describe some of the skills and understandings students can generally demonstrate at their particular year of schooling. They represent increasingly challenging skills and understandings as students’ progress from Year 3 to Year 9. If your child’s result is in this band or below, then it is recommended that you discuss this result with your child’s school:

- for Year 3 the minimum standard is Band 2
- for Year 5 the minimum standard is Band 4
- for Year 7 the minimum standard is Band 5
- for Year 9 the minimum standard is Band 6

Leadership

We continually look for opportunities to promote and learn about leadership for our senior students.

Last term the school captains Tahlia and Braydon along with vice captains Maali and Kiarna discovered the qualities that leaders should display.

On Monday Miss Jokai, Cleo Sissian Turnbull, Naomi Sigaruarua, Lizzie Haines and Dylan Welch Madgwick attended another leadership conference at the Wesley Conference Centre in Pitt Street.

Community News

Disclaimer: Matraville Soldiers’ Settlement Public School as a service to parents will advertise community events, which may be of interest. MSSPS does not necessarily endorse or sponsor the events and accepts no responsibility to the management or organisation of these events.